



Jennifer Seaver Stokes

Volunteer Consultant
Consultant Since: 2023

OneSource
936 Dalton Avenue
Cincinnati, Oh 45203
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Professional History

- Tuned In Coaching, LLC
- BetterUp

Education

- Masters of Music, Jacobs School of Music, Indiana University
- B.A., Northwestern University

Certifications and Professional Development

- Certified Professional Coach, Institute for Professional Coaching
- Strategic Strengths Coaching Certification, Strengths Strategy
- Professional Certified Coach, International Coaching Federation

Jennifer Seaver Stokes is a Professional Certified Coach specializing in Strengths & Energy Mastery Coaching with 12 years of experience. Jennifer leverages her clients' natural strengths and life experience to create a safe space for them to develop an inspired vision of their future. She inspires fresh ideas that align with intuitive insights gained through client conversations; she utilizes a strategic approach to co-create a plan of action that resonates with the client's skills, knowledge, passion, and values. She provides accountability partnership and positive, influential support for clients to achieve desired results based on their goals.

Jennifer has been certified by the Institute for Professional Coaching, Strengths Strategy, and the International Coaching Federation (ICF). She's also certified in Mastermind Facilitation Training and Positive Intelligence. Additionally, Jennifer has served as a board member with ICF's Ohio Valley Chapter.

Beyond coaching, Jennifer has served as a volunteer leadership coach with the Masonic Homes of Kentucky. She's also volunteered with Social Venture Partners and Women for Change Coaching Community. She is a fervent patron of music and the arts in the greater Cincinnati area.

OneSource Experience

As a OneSource volunteer, Jennifer looks forward to working on leadership development training, as well as coaching.