



# OneSource

CENTER FOR NONPROFIT EXCELLENCE

*Together we build a thriving community for all.*

*OneSource Center, the only resource center for nonprofits in the area, strengthens and supports leaders and their organizations, enhancing their capacity for greater impact in the community.*

## Coaching

OneSource Center coaches support nonprofit leaders to discover new skills, behaviors and actions for addressing their organization's needs. Coaching helps focus more clearly on reaching your goals.

### What is Coaching?

Coaching provides one-on-one access to an experienced professional who will challenge and support you as you explore the issues relating to your work. The relationship relies on trust, honesty and dialogue. All discussions are confidential.

A coach can help you think through major decisions, discover new strategies and ways of working, set goals and chart the next step in your development.

### How the Coaching Program Works

Upon receiving a request for a coach, we arrange a meeting to discuss and understand your objectives and expectations. Next, an individual coach is selected from our pool of experienced, trained professionals based upon your specific coaching objectives.

A consulting agreement is formalized between the client and the coach, identifying the specific areas of focus and the commitment and responsibilities of the client and the coach.

We recommend at least a three-month coaching commitment, with in-person meetings once or twice a month supplemented with phone calls and email correspondence between meetings. Beyond this, the frequency and length of the coaching agreement can be tailored to your needs.



Benefits of Coaching Include:

- Having a sounding board to test ideas within a supportive, confidential environment
- Accountability to focus and stay on task
- Creation and implementation of personal or organizational development plans

### Coaching Builds More Effective Nonprofits

A study conducted by Compasspoint Nonprofit Services found that coaching had a “profound impact” on nonprofit leaders’ management and leadership skills, relationships with staff and board members, overall job satisfaction and work-life balance, and confidence and adaptability. The organizations of these leaders showed improved teamwork and communication, increased financial stability and fundraising capacity, and greater clarity in decision-making processes and staff roles.

OneSource Center also offers a variety of consulting, strategic planning, board development and business development services. Please contact us soon to discuss your nonprofit needs.